

# **A Study of Mental Health Among Central Government Employees and State Government Employees of Patna Pramandal**

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The present study is aimed at studying the extent of mental health among central government employees and state government employees of Patna Pramandal. As it is often observed that central government employees and state government employees differs to each other in respect of their institutional values, other related opportunities and problems, therefore, the present investigation is planned to make a comparative study of mental health among central government employees and state government employees of Patna Pramandal. For the same, it was hypothesized that central government employees may have better mental health in comparison to their state government employees. The sample of the present investigation consisted of one hundred twenty (N=120) employees comprising central government employees (n=60) and state government employees (n=60) which were randomly selected from different offices of Patna and Ara district.