

A Study On Marital Adjustment Among Working And Non Working Women

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Women occupy multiple roles. These roles have added pressure and time constraints in their lives. One of the important roles that they play is the role after marriage. Marriage is a commitment with love and responsibility for peace and development of strong family relationships. Marital adjustment calls for maturity for healthy family environment. The aim of the present investigation is to study the marital adjustment among working and non working women. Sample of the study consisted of 200 women (100 working and 100 non working). Their age ranged between 30 to 40 years. They all were graduated and was randomly selected from Patna, Ara and Buxar. The sample responded to Marital Adjustment Scale (Pramod Kumar & Rohtagi Kanchan, 1999) consists of 25 items having 2 alternatives (i.e. Yes and No). To find out the results descriptive statistics and t-test was used which indicates that two groups i.e. working and non working differ significantly with marital adjustment. The t ratio comes out to be 3.724 among working and non-working with respect to marital adjustment respectively.