

# **Gender, Anxiety and Avoidant personality Disorder**

**Chandana Lakshmi**

The study was conducted to examine the association among gender, anxiety and Avoidant Personality Disorder (AvPD) among adults. The sample of the study consisted of altogether 147 adults of both sexes aged between 24 to 30 years out of which 47 adults met the diagnostic criteria of avoidant personality disorder on a scale developed by Chandana Lakshmi (2011) based on the diagnostic criteria of DSM-IV. And the rest 100 adults were normal persons showing negligible symptoms of Avoidant Personality Disorder (AvPD). The purposive sample of study was selected from the population two months after the recession of devastating flood. They were also administered Sinha and Krishna's test of anxiety (1991). Student's t-distribution (Gosset, 1908) was used for statistical analysis of empirically collected data. Results indicated that individuals suffering from avoidant personality disorder were found to be significantly to be more anxious compared to those not suffering from avoidant personality disorder. Moreover females were found to be high on anxiety and avoidant personality disorder.