

# **Neurosis, Neurotic and Neuroticism : Theoretical Dinensions**

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In psychoanalysis the term "Neurosis" has been used with reference to mental disorder. Neurosis is simply a deviation from normalcy. Neurosis may be considered as the outward and visible sign of an inward and invisible conflict between certain innate tendencies and moral and religions precepts imposed upon mind. As a matter of fact the term Neurosis is somewhat a misnormal. Freud believed anxiety as the central problem of Neurosis. Neurosis essentially depends on conflict and repression within sexual life. Freud made division of nervous disorder into two groups (i) true neurosis and (ii) psychoneuroses. In true neuroses he included neurasthenia and anxiety neurosis by hysteria and obsessional neurosis come under the category of psychoneurosis. In 'true neuroses' sexual disturbances play an important part in psychoneuroses the heredity factor is dominative.