

A brief Study of Life Satisfaction Among Single Women & Married Women

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Life satisfaction can reflect experiences that have influenced a person in a positive way these experiences have the ability to motivate people to pursue and reach their goals. There are two kinds of emotions that may influence how people perceive their lives. Hope and optimism both consist of cognitive processes that are usually oriented towards the reaching of goals and the perception of those goals and the perception of those goals. Additionally optimism is linked to higher life satisfaction, whereas. Pessimism is related to symptoms in depression.