

# **“Women empowerment and development through SHGs in Jharkhand”**

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Women empowerment has dominated discussions at local and global scales. Development organizations are continuously translating issues of women empowerment into their practices seeking for more efficient strategies to achieve women empowerment. Empowerment of women is a two- fold concept. Firstly, the external dimension which induce change. The external dimension includes enabling factors at the meso and macro levels which create conditions of self –worth and autonomy for women. Secondly, the idea of self-empowerment which is a process that includes “where women find a „time and space” of their own and begin to re-examine their lives critically and collective.” (Batliwala, May,1996).