

# ujfl og egrk ds dlo; ea Ükackj i {k MKW esudk dækjh\*

**iLrkou&jl** dlo; dk ,d iæq[k i{k gð Hkjr; dlo; 'kkl=ks ds vuq i Ükackj] gkl; ] jkñ] d# .k] oHkRl ] Hk; kud] ohj] vnHkq vls 'kkr t\$ sjl ka dh dYi uk dh xbz gð dbz vkpk; k& }kj Ükackj jl dks l cl siæq[k ekuk x; k gð Ükackj jl dks j jkt dh Hk l Kk nh xbz gð Ükackj jl ds Hkn g&l a kx ¼ Hkks½ Ükackj vls fo; kx ½oiyHk½ ÜkackjA fo; kx Ükackj ds Hk pkj Hkn ekus x, g&iw]kx] eku] iokl vls d# .ka iLrç 'kks i= ea xqjkrh HkDr dfo ujfl og egrk ds dlo; eafufgr Ükackj dh ij [k dh tk jgh gð ujfl og egrk , d ,d sdfo gð ftUgkaus HkDr vkansyu dks vf [ky Hkjr; Lo: i nusea egÜk Hkæedk fuHkblz gð 'oS.ko tu rks rus dghvs ts iHl i jkblz tk. ks j\$ t\$ k in Hkjr dsl eLr {ks=seaykdifz; gðKA vr%ujfl og egrk ds dlo; dk eV; kædu e/; dkyhu l kfgR; ds l mHk ea ikl æxd gkska

**fo"K; -iðsk&Ukjfl** og egrk ds dlo; ea Ükackj ds nskta i {kka& l a kx vls fo; kx& dk fp=k.k feyrk gð ujfl og egrk us Lo; a Lohdkj fd; k gS fd Hxoku f'ko us mlga }kfjdk ea ys tkdj d".k dh yhykva l s i jfpr dj; k FkA }kfjdk ea os rhl fnu jgdj d".k dh yhykva dk o.ku djus ds fy, i Foh ij ykSA ykS/rs le; d".k us ujfl og dks vkn\$ k fn; k fd ft l : lk ea ræus bu yhykva dks n\$kk gð ml h : lk ea mlga fu% ækp vls fuHkz : lk ea xkukA bl fy, mlgkaus jk/k-d".k dh yhykva dk vHkriwz o.ku fd; k gð mudh Ükackj izkku jpukva ea 'l jir-l ækte\* fo'kSk : lk l segROI wlk gð

**l a kx Ükackj&ujfl** og egrk dk Ükackj o.ku t; nð vls fo |ki fr l si Hkfor gð mlgkaus jk/k-d".k dh iæ-OHkMkva vls Ükackj d pSVkva dk fo'kn fp=k.k fd; k gð mlgkaus Ükackj o.ku ea ykscd rFk LFky i{k dh vi\$kk l æe vls vykscd i{k dks gh vf/kd egRo fn; k gð

'l jir l ækte\* ea Ükackj jl ds fp=.k ds vræz d".k dks vkJ; rFk jk/k dks vkæu ds : lk eafp=r fd; k x; k gð bl dfr ea Ükackj jl ds i wlk i fj id ea vkæu foHko ds bu nskta i {kka ds vfrfjDr mnæhi u foHko ds vræz vkæuxr pSVkva dk eukgjh fp=.k gð gð bl dfr ds 72 'jx i Hkr\* in ea jfr ; ð o.ku fd; k x; k gð bl iæ ; ð ds nks i {k g& , d rjQ

\*i h, p-Mh] fgnh foHkx] i Vuk fo' ofo |ky; ] i Vuk

d".k , oam l ds l [kk; j gð rFk nh jh rjQ jk/k vls ml dh l f[k; k gð bl ; ð ea i jkfr i {k dks ftrk dh nkl rk Lohdkj djuh i MfH gð i fj .kLo: lk ; ð ead".k ds l {k dh gjk gksh gsvls jk/k dk l {k thr tkrk gð bl dfr ea Ükackj ds dlo; i {k& u [k f'k [k o.ku] l |%Lukrk o.ku] jfr ØHkMk vHkI kj& vkfn dk 0; ki d fp=.k feyrk gð u [k f'k [k o.ku ds l mHk ea ; g dgk tk l drk gSfd ujfl og dk eu ukf; dk ds l kñ; Zo.ku dh vi\$kk uk; d vFkz-d".k dh vls gh vf/kd jek gð d".k ds l kñ; Z dk o.ku nZV0; g&

~rkjk u; u l gkxh j\$ ohByk ! fuj [krka ykxs ehByka dik dV{k djh us tks ] ekuqhumni tkos ekg eLrd eæV us dæly dku] ' ; kel nç Ns Hkhuys oku u [k f'k [k 'kksk dgh u tk; ] ekgu eijR; e[k eijyh ok; s ppy vak us jfl d j l ky] uj l ð k pks Lokh Jhxki ky\*\*1

vFkz~ , s d".k ! rfigkjsu; u brus xykch gðfd blga fuj [kuk vR; r enqyxrk gð tc ræ frjNh utjka l s n\$kus dh dik djrs gks rc u tkus fdruh gh dlfefu; k ræ ij U; kNkoj gks tkrh gð vls mudseu ea rfigkjs i fr vutkuseagh , d ekg iñk gks tkrk gð eLrd ij eæly vls dkuka eadæly dh 'kksk l s rfigkjh l nçrk dk o.ku ugha fd; k tk l drk gð e[k ea eijyh ds l kFk rfigkjh eijr dh vutje NVk dh u [k f'k [k 'kksk dgh ugha tk l drh gð , d ppy vak vls jfl d gn; okys Jhd".k gh ujfl og egrk ds Lokh gð

ujfl og egrk eayr%HkDr dfo gð vls mudh HkDr ds vkæu Jhd".k gð vr% muds Ükackj-o.ku ea Hk ukf; dk jk/k dh vi\$kk uk; d d".k dks gh vf/kd egRo feyk gð mlgkaus Jhd".k dh l nçrk dk eukgjh o.ku xksh ds ek/; e l s fd; k g&

~rtr u Fk; u; .kk ekgjh uhj [kh ekg i keh l [kh fol jh l æk çk l oz l tuh] tk.ks fp=kke.k vky [kh deyonu] fo'kky ykpu] fryd j\$kk l kçkef.k eLrd eæV mj gjk ygç\$ dVrfV l kçs fdæd.kh\*\*2

vFkz~ xksh vi uh l f [k l sdgrh gSfd ead".k ij bl dnj ekgR gð fd mlga n\$kdj Hk ejh vls [kka dh l; kl ugha feVrHA eð l æk çk [kçdj efræbr gks xbz gð d".k dh l nç Nfo dks dey t\$ k e[k] fo'kky u; u vls yykV ij fryd l qkshkr dj jgk gð muds ekFs ij eæly] mj eagkj rFk dV ij fdæd.kh 'kksk; eku gð Jhd".k ds l kñ; Zo.ku dk mlgkaus vU; = Hk o.ku fd; k gð , d xksh dgrh g&

^usk l ykssk 'kkeyh; k ij ru eu /ku ok: ajs  
dmi dks/ l jh[kks l njj] i#^k y{k.k crh' kks js  
uothou tknojkkth rs ts oks ØKM ojhl sjS\*

vFkkz~l njj vls fo'kky u; ukaokysd".k ij ru] eu] /ku vfiir djus  
dks th pkgrk gA mudh l njjrk djkk/ka dkeno l sc<ej gsvls mudsHkhrj  
i#^k ds crhl ka y{k.k eskm gA l smlka o"lz dh vk; qchr tkus ij Hkh muea  
uo; kbu fojkteku jgrk gA ujfl g egrk ds Ükäckj o.ku dk ,d vls  
mnkj.k nZV0; gA d".k dh cMh cMh ych vk[kka dh l njjrk dk o.ku dfo  
us ,d xki h ds ek/; e l sfd; k g&

^vf.k; kyk ykpu ogkykthuk ekgs jkryMh js k js  
tks eu ekus rgk: ajkth eqtuq?kVMSjgh i {k js\*

vFkkz~, d xki h viuh l f[k jk/kdk l sdgrh gSfd d".k ds v.kh; kjs  
us=ka %cMh cMh ych vk[kka ds chp yky js k gS tks eu dks vuk; kl ekj yrh  
gA vxj rñgkj eu gS rks mu us=ka dks ?kV dh vkM+ean{k l dri gA

ujfl g egrk ,d d".k HkDr dfo FkS vr% Ükäckj fp=.k ds varxRk  
d".k ds ifr tgk Hkh iekHk0; fDr gpl gS ogk mlgkaus Lo; a dks jk/kk

; k xki h ds: lk ea iLr fd; k gS; k vius Hkko jk/kk ; k xki h ds ek/; e l s  
gh idV fd, gA ; gk ujfl g dh jk/kk dk iæ Loch; k Hkko ea idV gqk g&

^jak ykX; ks eqs rkjks jachyk ! jak ykX; ks eqs rkjks  
tuekstue] 'kkeyf; k js ogkyk ! l ak u esyq rkjks\*

vFkkz~jk/kk ds Åij d".k ds iæ dk jak ,d p<k gSfd dbz tleka rd  
ml dk l kfk fuHkks dks rS kj gA jk/kk ehBs mykgus nrs gq d".k dks dgrh g&  
^raek: aeumq dh/kq djh us uskuk pkykA

ikjdq fprR pks kZuh vk fo | k rñdkgka 'kh[; ks dkuM+ ykyk \\*\*6

vFkkz~ræpus u; u ck.k pykdj ejs eu dks vius o'k ea dj fy; ka  
nh js ds fny dks pjik yus dh ; g fo | k ræpus dgk l s l h[kh gS \

^l jrl xte\* ds varxR jk/kk vls d".k ds e/; tks jfr; q dk o.ku  
gS ml ea ujfl g egrk us Lo; a gh nrh dh Hkiedk vnk dh gA os

jk/kk dk nr cudj d".k ds ikl tkrs gA vls jk/kk dk i = i <ej l pkrsgA vls  
; q djus l seuk djrs gA d".k dk0; ea jkl yhyk o.ku dk fo'kks egro gA  
jkl yhyk o.ku ds l kjs in vr; r Ükäckj d gA

^kjn fu'kks Jhegkjkt ds oueka vkfo; k js yky  
e/; fu'kks otKMh osk ds xki dk pky; ka js yky

Jo.ks l qkh ekjyhuks ukn ds l gq0; kdty Fk; ka js yky  
ts te gqka i karkus /kke rs ræ uhl ; kZ js yky  
tks ka i wkkZun ifjgce ds l dk cak l oZ Vyh js ykyA\*

vFkkz~'kjn \_\_r qdh vk/kh jkr dks d".k us ckl gh ctkbA ckl gh dh vkokt  
dh xpt l lukVs dks [kRe dj nrh gS vls xki; k ftl gky ea jgrh g ml h  
gky earu-eu dh l dk [kkdj d".k ds l Eedk i gpp tkrh gA d".k l Hkh xki; ka  
ds ,df=kr gkaus dk dj.k i nrs gA rks xki; k jkl -ØHk dh bPNk 0; Dr djrh  
gA rc tkdj d".k jkl yhyk vk; kstr djrs gA

ujfl g egrk dk Ükäckj d o.ku ij rh rjg l sykidd ugha gA jkl yhyk  
o.ku ds i dZos, d vk/; kRed i "Bhkie rS kj dj yrs gA dhkh-dHkh d".k xki; ka  
dks vi usdy dh e; kzh dks rka us vls ifr dks R; kxdj nkmh pysvkus ds dkj.k  
QVdkjrs gA rc xki; ka dh d".k ds ifr vylidd Hkoukva dk irk pyrk g&

^xnxn-dBs opu izdk'kS l qkts nð egkjh js  
HkKj ! veus ugha Hkts rks rt'ka ng vekjh js

varj i hr tkbz gfj gfl ; kj : fn; k Hkhrj HkMh js  
iæ /kjh ujl S ks fuj [kS l j [kkl j [kh tkMh js\*

xki; k; xnzn-dB l s vius Hkhrj ds mnxkj dks 0; Dr djrh gpl  
dgrh gA fd l pks gs nð egkjh ! gs HkKj d".k ! vxj vki ejs Hkhrj ds nnz  
dks ugha l e>aks rks ge vius 'kjhj dk R; kx dj naxA xki; ka ds varj-i hr  
vFkkz~fu'Ny vls fu"dyq"kr Hkoukva dks l e>dj d".k gjl us yrs gA vls  
mudh eukdeuk; ; ij rh djrs gA

Ükäckj o.ku ea eku dh Hkiedk cgr egroi wZ gA iæ ds nkS ku tc  
uk; d-ukf; dk ,d-nh js l s: B tkrs gA rc eukus dk tks dk; Z0; ki kj gkrk gS  
ml s 'Eku\* dgrs gA tc uk; d fdl h vl; ukf; dk ds l d xZ ea gkrk gS rc  
ukf; dk dks 'kd gkrk gA bl 'kd ds rhu vk/kkj gkrsg& 1- Lolu ea uk; d  
vl; ukf; dk dk uke ; k ml dh dkrka dks cMh Mærk gA 2- uk; d ds xky] us-  
diky ; k 'kjh dsfdl h vl; fgLl sij dkty] ykyh ; k vl; l Hkksxfn fpge  
vadr gk tkrk gA 3- uk; d ds eqk l s vl; fdl h ukf; dk dk uke vpkud  
fudy i Mærk gA ujfl g egrk ds dk0; ea Hkh eku-o.ku dk jkpd n"; fn [kklz  
nrk gA jk/kk dks 'kd gSfd d".k fdl h vl; ukf; dk ds ikl jkr xqkj dj  
vk; k gA og d".k ea ,d sdñ y{k.k n[krh gS vls f>Meh nrh gpl dgrh g&

^Tks ks tks kS ; knojk; ! tks ks jS  
Rkkj k gS kuks gjk dkgka [kks ks js \

dbz l [kh-l aks r q ekq; ks js \
dks k Nchyhvs rus Nks ks js \
rkjk v/kj rys i M; ks [kkMks j}
dkgka [k; ks Ns uFk uks nkMks js \
r q rks xk} QhVh u Fk; ks ekMks j}
voh/kj r fo | k res NkMks jA\*\*9

vFkkk-vks ; knoka ds jktk d".k ! r q s n[ k fy; k] n[ k fy; kA r p us
vi us gn; dk gkj dgk [kks fn; k \ fdl l [kh us r q s ekq fy; k gS \ fdl
Nchyh us r fga Nqk gS \ r f g k j s v / k j a i j x M < s i M s g q g f d l h d s u F k d k
ekrh r p us dgk; p h k k; k g S \ , d h / k u r Z f o | k r p us dgk; l h [ k y h g S \
, d i l a e a j k / k k d ".k d k s m y k g u k n r h g p z d g r h g &

^vlgk vkoks u} ejk ukFk fu'kks D; ka HkkO; k th
voh dqk l kgkx.k tsks yMkO; k th \
res 'kks d j k s l a k p | l a u y k O; k th \
d e u o y u k j u s u g e s y h u v k O; k th \ \*\*10

vFkkk-vkvs ejs ukFk ! vki us jkr dgk fcrkbZ \ , d h d k u l g k f x u
gSft l us vki ds fy, l; kj dk tky fcNk; kA vki dks l a k p u g h a d j u k p k f g ,
Fkk v k j m l s l k f k y k u k p k f g , FkkA vki us d s f d l h u b z L = h d k i e R; kx
fn; k v k j ; g k j p y s v k , A b r u k l u d j d ".k j k / k k d k s d g r s g &

^voka eebkpd ekuuhuka l k k Y; ka vfr l kj
oyrk rs ogkyk vs e ons % r q t h o u i k . k v k / k j
r q t f c u k e k j s d k s u g h i r q l R; o p u d j k s e k u
g q ' k j . k r k j } l n j h ! n h t h v s p e u n k u
v o k o p u o g k y k u k a l q k h l t j n j h v s d ; e l a e k u
u j l s k p k s L o k e h : n s y h / k j r t h e k u p h v s v f h k e k u \*\*11

vFkkk-ekruuh jk/kk ds , d s e e l k o n d o p u k a d k s l u d j d ".k u s c M s
/kS Z l s l u k v k j r c o g i h N s ? k e r s g q c k s y s & ^ g s f i z ! r e e j s t h o u v k j
e j s i k . k a d s v k / k j g k a r f i g k j s f c u k e j k d k b z u g h a g a r e b l s l R; o p u e k u a
g s l n j h ! e d r f i g k j h ' k j . k e a g a r e e s p e u d k n k u n k a , d s l f k n v k j e n q
o p u k a d k s l u d j l n j h u s v i u s f i z r e d k v R; r l E e k u f d ; k v k j m l u s v i u s
v f h k e k u d k s R; k x f n ; k A

ukf; dk ds l kn; Zo.ku ea Hkh ujfl g egrk us l tho fp= [kpk gA
; g o . k u v R; r L o k h k f o d | l g t v k j e u k j e g a j k / k k d s g k o - H k k o ] d ".k l s

feyusdh ykyl k v k j i k ; y d s > u d k j l s ; p r m l d s d n e k a d h i L r f r v R; r
l j l g &

^>ka-fj; k >edkorh vkos l st Mhvs jeok js
'krefy; k 'kq Lusg ?k. kks rs v/kj verjl i hok js
; ksu ekrh] e/k# xkrh] us ij; k >edkos js
e[ k e k u / k j s e x u ; u . k h ] o g k y k u s e u H k k o s j s
i h u i ; k k j d l . k d l h u s v y o s v k f y a u y r h j s
u j l s k p k L o k e h ' k q j e r k a e j d y M s e u g j r h j A \*\*12

jk/kk d".k l s l st-ØHMK ds fy, ik; y >edkrh gpz vk jgh gA
l kofj; k l s m l s c g r ? k u k L u s g g s v k j m l d s v / k j v e r j l i k u d s f y ,
O; k d y g A e n e k r s ; k s u e a e / k j x k r h g p z o g i k ; y N e d k r h g p z v k j g h g A
m l e x u ; u h d s p g j s i j e k u d k H k k o g s v k j m l d k : B k e [ k d ".k d k s v R; r
f j > k r k g A m l u s v i u h p k s y h d l d j c k / k h g s v k j d ".k d k s v k f y a u d j r h g A
u j f l g j k / k k d h b l Ø H M k l s c g r g h v k u i n r g k s m B r s g A

Ūkackj fp=.k ea nir nrh dk fo'kK egRo gA ujfl g egrk usLo; adks
, d x k i h d s : l k e a g h i L r r f d ; k g s v r % j k / k k v k j d ".k d s e / ; n i r h d k
d k ; Z m l g k u s L o ; a g h f d ; k g & ' n g n ' k k V y h e k o s j g ; k s H k y h @ n i r h F k b z e k f u u h
u s e u k o k \* A

ujfl g egrk ds dko; ea Ūkackj fp=.k ds nkj ku uk; d ukf; dk dh
jfr ØHMKvka dk Hkh o.ku feyrk gA muds jfr ØHMK o.ku ea v k j s d d r k d k
v k h k l f e y r k g A m u d s l H k k o x o . k u e a v } s d h H k k o u k d k s n [ k k t k l d r k
g A i j h j k r j f r e a M e s j g u s d s c k n i k r % d k y u k f ; d k v i u s f i z r e l s L o ; a
d k s e p r d j u s d h f o u r h d j r h g &

^i [khMka cksys js] ogkyk ! jtuh jgh FkkMh
l styMh Fkh ÅBk} ogkyk vkyl Mh ekMh
l kn ikq r k j c g k y k ! y k d f M ; k a t k x s
v a B k s e j M q r k s i x u k ? k k j k o k x s - \*\*13

vFkkk-gsfiz re ! i {kh ckyusyxsgA jkr l ekr gkspyh gA di k dj
vkyl; dk R; kx dhft, v k j l s t l s m B t k b ; A v x j e s v k i d k s v k o k t n d j
t x k Å x h r i s v l u ; y l o x H k h t k x t k , x A v x j e s v a B k e k M e j v F k k k - v i u s i k p
d s v x B s l s v k i d s i k p d k s l g y k d j t x k Å x h r k e j s i k p d s ? k a k : c t m B a A
f o ; k x Ū k a c k j o . k u & f o ; k x Ū k a c k j d s v r x z i e e a f o j g d k f p = . k g l o r k g A
u j f l g e g r k d s d k o ; e a f o j g o . k u c g r d e g h f e y r k g s y f d u f t r u k H k h

fpf=r fd; k x; k gš og cgr gh l (e vls ekfeZl gA ^xkfon xeu\* vls Úkákj  
ekyk\* mudsfo; ks Úkákj l sl æá/kr egRo i wZjpuk; j gA ujfl g egrk usfojg  
dh i hMk dks cgr gh ekfeZl <x l sfpf=r fd; k gš

^dkeck.k mj yk; q js

jksh-jksh je.kh l ?kyh tkxh jš l tuh

{k.kq vx. kš {k.kq efinj ekogš Vkm/ys ÁHkh jgg

Ekjk euuh okryMh js fi; qfcuk dšus dgq jš l tuh \

vk osyk vkos ekjks ogkykš rks gšs gj [k u ek; š<sup>\*14</sup>

vFkkZ-dkeno dk ck.k jk/kk dšgn; ea yx x; k gš og jksh gpZjkr

Hkj tkxrh gA dHkh og vkxu eš dHkh efinj eš rks dHkh tgk rgk [kMh gkdj  
viusfiz re dh kv tkgrh gA og dgrh gšfd eš vius eu dh ckr vius  
fiz re dks NkMdj fdl sl qkÁ; \ vxj bl osyk ea ejk fiz re vk tk, rks  
ejk gn; [kqk gks tk, A

fiz re ds fo; ks ea -----

^vkt ekjh vk [kMh Q#ds js Mkoh

tk.k; q ekjks ogkyksth ey'ks js vkoh

ogyktkuh ckogk/h ves dšs /kj'kq

T; e ekjks ogkyksth dgšks ræ dj'kq

<dyrh oskh us [kydrh pMh

vkfyaku nrka ogkyhtk us nhl q; Mh<sup>\*\*15</sup>

vFkkZ-jk/kk dgrh gšfd vkt ejh nkfguh vk [k QMed jgh gA , d k

tku i Mfk gšfd eš fiz re vkus okys gA vius fiz re dks eš viuh dgka ea  
l eš us ds fy, rš kj gA l jdrs xtjs vls [kudrh pMh+ka ds l kfk i æ i wZ  
gn; l seš fiz re dk vkfyaku d: xhA

fu" d" k & ujfl g egrk us d".k vls jk/kk l sl æá/kr ykšdd-vykšdd l kñ; Z dks

fpf=r fd; k gA , d HkDr dfo gšus ds ukrš mlugšus: ikl fDr i wZ dk0; fy [kk

vls d".k ds "kkj hfjd l kñ; Z dk vfr eka y fp= i Lr q djus l scpus dk iz kl

fd; ka HkDr ka dks bz oj dk l d xZ i ktr gks tkus ds dkj .k muds dk0; ea l a ks

Úkákj dk o.ku viškkdr vf/kd feyrk gA d".kHkDr l kfgR; ea jkl yhyk dh

i æ [krk gšus ds dkj .k l a ks Úkákj vius fo'kn : i ea mi fLFkr jgrk gA

**I anHk&**

1- td yigk ¼ aš MKWf'koyky ryl hnl ] ujfl g egrkuh dk0; dfrvkš  
i "B&231

2- nd kbZ¼ aš bPNkjke l wške] ujfl g egrk dr dk0; l æg] i "B&120

3- ogh] i "B&191

4- td yigk ¼ aš MKWf'koyky ryl hnl ] ujfl g egrkuh dk0; dfrvkš  
i "B&235

5- ogh] i "B&235

6- ogh] i "B&235

7- ogh] i "B&145

8- ogh] i "B&148

9- ogh] i "B&271

10- ogh] i "B&112

11- ogh] i "B&113

12- ogh] i "B&276

13- ogh] i "B&328

14- ogh] i "B&275

15- ogh] i "B&286

