

# **Effect of Personality Traits on old Age Adjustment**

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The present study aims to know the effect of personality traits on old age adjustment. An incidental- cum-purposive sampling technique was employed on 80 old age respondents taken from Patna. For this purpose differential personality scale prepared by Singh and Singh was used for measuring ego strength and self concept of the respondent and old aged adjustment inventory by Shamsad Jashbir was used to measure old age adjustment of the respondents. The obtained data were analysed using t-test. The results confirmed the hypothesis. It was found that high level of ego strength and self concept of old age respondents are more adjusted than comparison to low level of ego strength and low self concept of old age respondent.