

# lk; kbj.k dk o.ku vfhkuo'kpl kfjdk dFkxk ds vk/kj ij

vkjrh >k\*

i; kbj.k 'kOn ifjvkj.k ds l a lscuk gA ifj dk vk'k; pkjka vkj rFk vkj.k dk vk'k; ifjošk gA ml js'kOnkae adgarisi ; kbj.k vFkzr ouLifr; k; çk.f.k; kavš ekuo tkr l fgr l Hkh l thokavš mudsl kFk l aš/kr Hkšrd ifj l j dks i; kbj.k dgra gA okLro ea i; kbj.k ea ok; j ty] Hdie] i M&i kšš tho&tUr; ekuo vš ml dh fofo/k xrfrof/k; ka ds ifj.kke vkfn l Hkh dk l ekošk gsrk gA

vfhkuo'kpl kfjdk dFkxk ds i Eke o f}rh; Hkx ds lk; kbj.k dks ge pkj Hkxka ea foHkfr dj l drs g&

- 1- Lkekftd lk; kbj.k
- 2- vkfFkz l; kbj.k
- 3- jktušrd lk; kbj.k
- 4- ikdfrd lk; kbj.k

1- **I kekftd lk; kbj.k** vfhkuo'kpl kfjdk dFkxk ea l kekftd lk; kbj.k ds vrxr l ekt ds l Hkh 0; fDr; k; igyvk; ij Eijkvk; jhfrfjoktka dk o.ku fd; k x; k gA ftl ea dFkxk ds l Hkh ik=ka ds thou dk o.ku gA ftl okrkj.k eaog jgrsg ml okrkj.k eafdl idkj vPNk; çkj n; k; b; k; diVh l nkpjh o ngkpkjh dk 0; ogkj djrs gA "keik vš "k" k/kj l kekftd ifjošk eafdl idkj jgrsg ml dk ; FkFkz fp=.k fd; k x; k gA

ftl ea yfyrk ds ifjJe ml ds ekrk&firk ds dr; ] ml ds ifr "k=ku dh dk; žd(kyrk) fugy fl g dh egur l o'oj dh mRl çrk ml dh Hk; k; yhyk dh çd) ekuh] jeknoh ds nq; žgkj] ekšguh dh çd) eRk; Lo.kyrk ds vga rFk ml ds ifr l Eilu dçkj ds vga dk o.ku gA

nødçkj dh d(kyrk o çd) ekuh] t; Ur dh {kek} inekum dh nqVrk o fl ) kFz dh l ekt dks nus dk o.ku fd; k x; k gA

2- **vkfFkz lk; kbj.k** dFkxk ea vkfFkz lk; kbj.k dk o.ku fd; k x; k gS ftl ea yfyrk }kjk fd; sx; sdk; Z dk o.ku gA ml dh egur dscycrs ij ?kj dh vkenuh ršc<rh gS l kFk eam l dsno j Hk; i d kn dks lk; kbj.k ds {k= ea dk; Z

\*f'k(kd) fl Vh b.Vjuškuy Ldy ihEijh iqk

djus dk ekšk feyrk gS vš ml dks jk'Vh; lk; kbj.k ij Ldkj Hkh ikr gsrk gA inekum ds Ny dk o.ku gS ftl eaog ykškadks ev k; z cukdj /ku ikr djrk gS vš vrr% vkfFkz : lk l s vR; k/fkd l Eilu gk tkrk gA

forrea-h euegu fl g }kjk cukbz xbz vkfFkz uhr; ka dk o.ku Hkh gS ftl ea Hke.Myh; dj.k dh vukor nçku dh uohu "kkl u uhr; k; Lonskh m | kška dks fuxy tkrh FkA

3- **jktušrd i; kbj.k** vfhkuo'kpl kfjdk dFkxk ea jktuhrKla dk o.ku Hkh feyrk gS ftl ea euegu fl g ujfl g jko] egRk xk/kh ia tokjyky ug; ] enuegu ekyoh; ] l çpr diykuh] Jherh bfnjk xk/kh dk uke of.kz gA ftl ea muds }kjk cukbz xbz foHku idkj dh uhr; ka dk o.ku gA

4- **ikdfrd lk; kbj.k** ikdfrd lk; kbj.k ds vrxr lk; kbj.k ds rRo nks ifk; ka "kpl vkrk½ vš l kfjdk vŠk½ dk o.ku fd; k x; k gS tks euq; dh Hkfr okrk; ki djrs gA vke ds iM+ dk o.ku gS ftl ij l kfjdk vŠk½ çBh gçz gA vfhkuo'kpl kfjdk dFkxk ea "keik tc ckck ds vkJe ea ckck l s feyus ds fy, ekz ea tkrh gsrk ekz dh l çrk dk çM+ gh euegd o.ku gS

**{k=šq l "kšk% iz <kA gjhfrfEu l fEku% ihrek id jfra ol Urkorkj% l ¥tkrA vijfleu- {s= Lo.kžUnpi qik.k fodl flra l ož= Lof.kēa n"; rA ½ dFk l fjr~ rjxš 'k.ekf dh] byk; kcn i-f...½**

, d l jkoj Fk ml ds l keusfgekfnz gA iožka ij yečsešk yVds jgrs gA ešk&i ožka ds çp oujkt h fn[krk gA ešk Hkh muds f" kja ij yVddj l çk dk vuško djrs gA

vpkud eškka dk inž [kšydj l w Zuhpsnçkrk gA ml ds gkFk ½ d j.kž i Foh NirsgA çk; ha vkj fo"ky ešku gA ; gk; Hkxoku l w Zvi uk Hkstu idkrs gA yk [kka ykš Hkstu djrs gA çM&çM+ i Rrs gA l kš Åtkz ds iVVs yxs gA l w kZr gk jgk gA ml dh fdj.k a idky jk'k ds l eku xgwdh Ql yka dh okyka dks Nw jgh gA /khj&/khj l w Zoçk "kk [k; kva dks Nirr gS fQj og i f"pe fn"kk ea , d jDr jçkk [kçrk gA Fkds g l šud ds l eku foJkekFz vLrkpy dh vš pyk tkrk gA vc vdk"ka ea ekus dTty çj l jgk gA

ml xte l stkus okys ykška dks vdkdj oL= iguk nrk gS vk [kka ij dkyh i VVh l h çk/k nrk gA /khj&/khj vdkdj nj gk tkrk gA

bl idkj ; g Li'V gS fd vfhkuo'kpl kfjdk dFkxk ea ikdfrd lk; kbj.k ds l kFk&l kFk jktušrd vkfFkz rFk l kekftd lk; kbj.k dk mYyçk feyrk gA

