

# Challenges Faced by Women Employee: Specially Working Women in Food and Nutrition

Tazhi Fatima\*

**Abstract: Objective:** - To know different job in food & Nutrition and the challenges of women who are working in the field. Subject: - women employee working in the different area of food & Nutrition. Sample: -50 women employee which was taken by purposive sampling. Result:-seven main area in which 28 sub area of food & nutrition and number of self and wage employment in the field. Fifteen challenges have found in which some were facing by self-employee, some was wage employee and most of them by both. Conclusion: - women are facing numbers of problem in which some personal and some professional. To solve these problem the participation of women employee, family, NGO'S Government etc. are essential.

**Keywords:** Food & Nutrition, women employees, self-wages employment.

## Introduction-

In Present time women are emerging economics force and can't ignore the half population of the country, women constitute the family which leads to the society and economic development of women is necessary for the development of any country. This is the reason that government excepting a large amount on different program related to women welfare. Today every women wants to get a position in the society for that they are getting education and trying to get a job or start their own business. Due to this reason the meaning and objective of education has changed. In compression with traditional courses, today vocational course are in demand because vocational courses are very helpful in getting jobs 'food & nutrition' is the important part of home science. It is very helpful for women directly or indirectly. Directly it is related to women empowerment. It empower the women physically,

\*Research Scholar, Department of Home Science, P.U.

socially and economically by providing jobs and status in the society, some times before it was related to knowledge of kitchen and health only but at present time in the field a numbers of job opportunity is available. But due to illiteracy and unknowledgibility women don't get benefit of this, especially the women in Patna have Lack of awareness towards the jobs in this field. According to cencus in 1991, 19.37% in 2001, 26.78% and in 2011, approx. 35% woman working in Bihar in which approx. one third is in Patna and in the field of 'food and nutrition' this number is insufficient.

## Objective:

1. To Know the various jobs in the 'food and Nutrition'
2. To know the challenges of woman employee working the field of food and Nutrition.

## Methodology:

The Study was conducted in fire zone of Patna that is North, South, east west and center. A sample of 50 working women in 'food & Nutrition' (10 from each zone) was taken for the study. In sample some women were from teaching faculty were dietitian, food supplier, and snake maker, chef, sales agents, C.D.P.O Caterer and product developer etc. in this data study was collected with following technique.

## Questionaries'

1. Visit the working area and observe the working environment.
2. Personal Interviews of respondent to reach in the depth of challenge which are following by women employees.

## Result: -

Various job in food & nutrition : - Various types of job has been found during the study, which is divided into brand category first wages and second self-employment, wage employment means a mutual agreement in between two parties (Known as employee and employer) in which employee (generally an individual agree to work for the employer. (Generally a business firm, government office or sometimes an individual) under some specific terms and condition and employer agree to pay him or her remuneration as wage or salary for his work. While self-employment is an art generating own income directly from consumer. In self-employment individual works for self-income is in the form of profit.

Table -1 shows different kind of job and in wages and self-employment.

S.No	Wage Employment	S.No	Self-Employment
1	Full time permanent work (f.p.w)	1	Independent sales representative
2	Part time permanent work (p.t.p.w)	2	Independent manufacturer representative (I.M.R)
3	Casual work (c.w)	3	Independent supplier (I.S)
4	Seasonal work (s.w)	4	Direct Sales (D.S)
5	Probationary Employment (P.E)	5	Casual Work (c.w)
6		6	Seasonal work (s.w)
7	Commission based employment (c.b.e)	7	Working from home (w.f.h)
8	Piece work (p.w)	8	

Table -1 After getting data, it has found that seven main areas and 24 sub areas of 'food and nutrition' have various job opportunity in both wages and self-employment that is shown in table -2.

Challenges faced by women employee: - after getting the information of jobs it becomes more important to know the challenges which are facing by women employee, for that questionnaire has used and visited the work place. Interview of some women employee has also taken. After study it has found that number of challenges for women employee in which some are personal and some professional which are big obstacles for the development of women and indirectly for country. Table -2 shows the personal challenges and table -3 shows the professional challenges-

S.No	Personal challenges of w.e	Wage Employee (%)	Self-Employee (%)
1	Lack of education	02	75
2	Cultural values	25	23
3	Afraid of failure	10	34
4	Family ties	24	23
5	Social barriers	35	32
6	Combining raising a home and a work	42	37
7	Lack of self confidence	05	22

Table -2

S.no	Professional challenges of w.e	Wage Employee (%)	Self-Employee (%)
1	Sexual Harassment	32	27
2	Lack of finance	0	45
3	Shortage of raw materials	0	33
4	Tough competition	24	25
5	Legal formalities	05	23
6	Lack of interpersonal aptitude	10	32
7	Exploitation of middle men	0	30
8	Transportation problem	25	20

Table - 3

**Conclusion :-** Most of the jobs in food and nutrition are technical so women who are working in this field need some technical training to do their job with perfection. Some women need support from the financial institute especially in case of self-employment so financial participation of government and NGO'S should increase gender specific training is must to the women worker. So as to they can handle the male person at work place easily. It is must to increase literary and awareness among women regarding different jobs in the area of food and nutrition. Need of preservice or work training is an important factor. Which effect the productive power of women employee.so it is essential to give a special training for women employee to develop their skills and knowledge.

References:-

- Alatha Pushp Laxmi, August-31 2011, food processing industry the hindu.
- Business- matter.com/2013/10/7-challengeg- faced female entrepreneurs.
- Devi uma P and murugan s (2011), carrier prospect in food processing engineering and technology, school of biotechnology Coimbatore.
- www.employemntnews.gov.in (carrier opportunity in nutrition and dietetics).
- www.learningsead.com (Carrier compass -job in food & nutrition).
- www.preservearticles.com/201101153366/problem-faced by women entrepreneur.html